

# February 1, 2026 | Fourth Sunday in Ordinary Time



**Our Lady of Mount Carmel** | 27 Main Street, Easton, MN 56025 | Sunday Mass 10:00 am  
**St. Casimir Church** | 320 2nd Ave SW, Wells MN. 56097 | Sunday Mass: 8:00 am  
**St. John the Baptist Church** | P.O. Box 158, Minnesota Lake, MN 56068 | Mass: 5:00 pm



## Mass Schedule and Intentions: February 6-7, 2026

- 7** Sat. 4:00 pm Mn Lake +Jim and Agnes Stencil  
**8** Sun. 8:00 am Wells +Regino Navarro  
**8** Sun. 10:00 am Easton +Ray Stevermer

Every Saturday: 3:30 pm Confessions before Mass

YOU ARE INVITED TO PRAY THE ROSARY 1/2 HOUR PRIOR TO MASS-ES: Minnesota Lake— Thurs. and Sat.; Easton —Wed. and Sun.; Wells— Tues. Fri. and Sun. Rosary is always prayed every night of the year at 7:30 pm, at St. Casimir.

Know that Fr. Pratap includes all of us in his daily prayers and private Mass intentions. If a Mass is cancelled, Fr. Pratap will include that scheduled Mass Intention at his private daily Mass. If you prefer it be rescheduled, please let Father or your respective parish office know.

## Tri Parish Prayer Intentions:

Triston Father	Dace Smith	Dave Sonnek
Steve Sonnek	Craig Sonnek	Jan Stenzel
Sue Sonnek	Zach Fendrich	Colette Caeli Drees
Teresa Berry	Charlie Kalis	Richard Stenzel
Chuck Evan	Don Yokiell	Mary Stevermer
Rosemary Larson	Koltun Kunz	Tiffany Sonnek
Ann Ehrich	Ken Tibodeau	Darrin Hueper
Steve Warmka	Colton Smith	Katie Ascheman
Quentin Staloch	Tyler Doyle	Norbert Yokiell
Grace Drager	Jane Swehla	Carol Gregor
Sharon Obermeyer	Frank Diaz	Mark Woitas
Donnie Becker	Cathy Pluym	Gregory Woitas
Vincent Schultz	Jan Elmer	MaryAnn Woitas
Grant Supalla	Mike Redig	Geri Peyton
Betty Ziegler	Randy Hodge	Rick Girard
Steven Nowak	Tom Warmka	John Paul Herman
Scott Bull	Jennifer Pinkelman	Dorothy Hochstein
Kay Beyer	Patrica Rilly	Johnny Webb
Steven Claeys Family		

## PARISH PRIEST

Fr. Pratap Reddy Salibindla, OFM  
320 2nd Ave SW, Wells, MN 56097  
Cell: 507-226-4536  
Email:  
TriparishPriestApril2024@gmail.com

**FB:** TRI-PARISH CATHOLIC FAITH  
COMMUNITY OF OLMC,STC, & STJB  
Website: [www.olmcstcstjb.org](http://www.olmcstcstjb.org)

## WELLS OFFICE:

Ilda Reyerson: Administrative Asst.  
Phone: 507-553-5391  
**Monday-Thursday**  
8:00 am—4:30 pm  
E-Mail: [scasimir@bevcomm.net](mailto:scasimir@bevcomm.net)  
Kristen Dulas: FF Coordinator  
E-mail: 25FAITHFORMATIONSTC@GMAIL.COM

## EASTON OFFICE:

Sue Cory: Administrative Asst.  
Phone: 507-787-2303  
E-mail: [olmc@bevcomm.net](mailto:olmc@bevcomm.net)  
Chris Schultz: FF Coordinator

## MINNESOTA LAKE OFFICE:

Rhonda Drager: Administrative Asst.  
Phone: 507-462-3636  
E-mail: [stjb@bevcomm.net](mailto:stjb@bevcomm.net)

# PRAYER & WORSHIP

4<sup>th</sup> Ordinary Sunday, February 1, 2026-A Cycle

Readings: Zephaniah 2:3; 3:12-13; 1 Corinthians 1:26-31; Matthew 5:1-12

The Scriptures this Sunday invite us to embrace humility, simplicity, and trust in God's wisdom rather than the wisdom of the world.

Prophet Zephaniah speaks of a "humble and lowly people" who will seek refuge in the Lord. The prophet reminds us that God's favor rests not on the proud or self-reliant, but on those who walk in justice and humility. The faithful remnant will find security not in power or possessions, but in God's steadfast love.

St. Paul echoes this theme, reminding the Corinthians that most of them were not wise, powerful, or of noble birth when they were called. Yet God chose the weak to shame the strong, the lowly to confound the mighty. God delights in lifting up the lowly and working through those who seem insignificant in the eyes of the world.

The Evangelist Matthew presents the Beatitudes, the heart of Jesus' Sermon on the Mount. Here, Jesus proclaims blessings on the poor in spirit, the meek, the merciful, the peacemakers, and those who suffer for righteousness.

The Beatitudes remind us that true happiness is not found in worldly success, but in living according to God's values. They challenge us to see with the eyes of faith: to recognize holiness in simplicity, strength in gentleness, and hope in suffering.

These are not the qualities celebrated by society, yet they are the marks of true discipleship. The Beatitudes are not simply moral instructions, they are a portrait of Christ Himself, and an invitation to live in His likeness.

**Humility before God:** God's grace is given to the humble, not the self-sufficient.

**God's surprising wisdom:** What the world sees as weakness, God transforms into strength.

**The Beatitudes as a roadmap:** They show us how to live as citizens of the Kingdom finding joy in mercy, peace, and righteousness even amid trials.

**As disciples today, we are called to embody the Beatitudes in our daily lives:**

- To be **poor in spirit**, acknowledging our dependence on God.
- To be **meek**, choosing gentleness over aggression.
- To be **merciful**, forgiving as we have been forgiven.
- To be **peacemakers**, building bridges in a divided world.

To be **faithful in suffering**, trusting that God's Kingdom is our reward.

**This way of life may seem foolish to the world, but it is the wisdom of God. It is the path to true happiness and eternal blessing. ~Fr. Pratap**

## SACRAMENTAL LIFE



**MARRIAGE PREPARATION:** Contact the priest 6 to 12 months in advance of the date of marriage to fill out the forms, to do FOCCUS Test and to attend Marriage Prep Mentoring Sessions. Fr. Pratap is seeking married couples who are practicing Catholics, and have children, who would be willing to volunteer to help prepare our engaged couples for marriage. Please contact Fr. Pratap at 507-226-4536, or your parish office, if interested.

**BAPTISM PREPARATION:** Contact the parish office a month in advance to fill out the form and to attend Baptism Mentoring Sessions.

# LITURGICAL LIFE

## Sunday, February 8, 2026

Minnesota Lake      Wells      Easton  
 Sat. | 4:00 pm      Sunday | 8:00 am      Sunday | 10:00 am

**SERVERS**  
 Students      Austin Rath  
 Nicholas Scheid  
 Cameron Linder

**SACRISTAN**  
 Arnie Stenzel      Sue Rath

**LECTOR**  
 Students      Bernard Steinhauer

**ORGANIST**  
 Connie Stenzel      Mary Kayser

**EXTRAORDINARY Ministers of Holy Communion**  
 Arnie Stenzel      Don Linder  
 Ike Dulas      Nancy Linder  
 Jolene Bute      Teresa Schimek  
 Ryan Storm C

**USHERS**  
 Students      Doug Ascheman  
 Dave O'Rourke  
 Logan Strom

**ROSARY**  
 Elaine and Mike Hernandez      Dawn Doyle

**Shepherd's Inn**  
 Larry Brand

**MONEY COUNTERS**  
 Brian Bias      Ruth Sonnek  
 Mark Herman      Dale Stevermer  
 Connie Allis



### Adoration of the Blessed Sacrament

Can you spend an hour with Jesus? Adoration is held at St. Casimir Church, Wells, Wednesdays at 9:00 pm through Thursday 10:00 pm. You are invited to sign up for a weekly hour or just come and pray anytime.



### STC YOUTH MASS AND COFFEE AND ROLLS

This Sunday, February 8, 2026 Youth Mass and Coffee and Rolls. Faith Formation students will be serving immediately following mass, join us downstairs for conversation and fellowship with fresh rolls and coffee.

### Ash Wednesday Schedule

February 18, 2026

Minnesota Lake      8:30 am  
 Easton      5:00 pm  
 Wells      6:30 pm

STC - All Faith Formation children and Catechists are to attend

### Next week's readings:

First reading- Isaiah 58:7-10  
 Second reading- 1 Corinthians 2:1-5  
 Gospel -Matthew 5:13-16

A "perfect marriage" is simply two imperfect people who learn to celebrate their differences! A perfect Valentine gift is making time for each other! Plan to attend the **February 14-15 Marriage Encounter** to deepen your love. Weekends are held at Mt Olivet Retreat Center in Farmington. Register at: [www.marriages.org](http://www.marriages.org)  
 If you have any questions, please call Mary



Mary C. Jackson  
 Executive Director at Marriage/Engaged Encounter  
 Phone 651.454.3238 Email [mary@marriages.org](mailto:mary@marriages.org)  
 Website [marriages.org](http://marriages.org)



### FAITH COMMUNITY GENEROUS GIVING

	Weekly	Year to Date	Annual Budget
Minnesota Lake	\$1,379.00	\$59,033.88	\$109,876.00
Wells	\$4,106.15	\$191014.90	\$350,598.00
Easton	\$1,715.00	\$95,711.89	\$137,700.00

### IN OUR PRAYERS: Vicky Sonnek and John E. Szymanski

*Soldiers Overseas : Andrea Schultz*

Whenever any of our parish members of families in need of special prayers, please call and we will begin our prayer lines for any need-give only details you wish. OLMC- Sue Cory 507-787-2598, STJB- Rhonda Drager 507-462-3627, and Barb

# NOTES FOR ALL PARISHES

OLMC MCCW will hold their meeting on [Sunday, February 15](#) after Mass in Madonna Hall. All are welcome and invited to attend!

## LENT RETREAT OPPORTUNITY

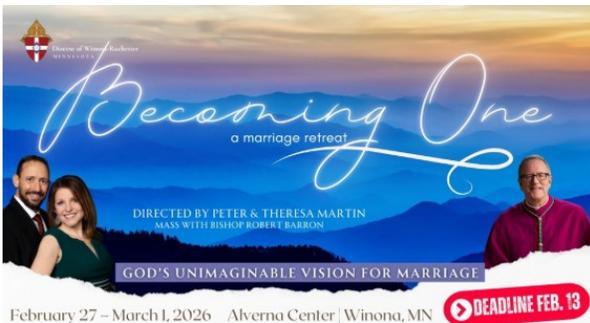
Please save the date of Saturday, March 7th for a one-day Lenten retreat. This retreat is put on and hosted by the Tri-Parish Faith Community of Our Lady of Mount Carmel, St. Casimir, and St. John the Baptist. Msgr. Thomas Cook, currently pastor of Sacred Heart Parish in Owatonna; and former pastor of St. John the Baptist and our Lady of Carmel will be the main speaker for this Lenten retreat. More details will follow!

## TRIVIA NIGHT

Trivia Night this year will be on [Saturday, February 7<sup>th</sup>](#), at 7 p.m. Form a team of up to 8, or join one when you arrive. Cash prizes for top two teams. Many other prizes throughout the night. Play Wheel of Fortune between rounds. For tickets, contact Tom Schindler at 553-3062 or the parish office. We also welcome walk-ins. Not enough for a team? No problem, we'll match you with other brilliant people to make a team.

## WOMEN'S LENTEN RETREAT

Join us Saturday, March 21, 2026. St. Theodore's Church, 315 E Clark St. Albert Lea, MN "Made for More" Elizabeth Leon, the retreat leader at the Beloved Conference in November in Janesville, will go deeper with us. With 6 different workshops starting with registration, workshops 1-4, break for Mass including Mass with Bishop Barron, lunch, workshops 5-6, art activity and ending with Adoration and Reconciliation. Registration forms will be available in the handicap entrance and the main entrance of St. Casimir's Church. Cost is \$50 per person. Make your check out to Winona-Rochester Diocesan Council of Catholic Women (WDCCW). Registration deadline March 13, 2026.



"Becoming one" - Diocese of Winona-Rochester Married Couples Retreat  
Friday, February 27– Sunday, March 1  
\$275/ couple (commuter rate)  
\$475 with two-night stay at the Alverna Center (limited availability!)  
Includes Friday evening refreshments, Saturday breakfast, lunch and dinner and Sunday brunch

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9:00 a



The Man of God Men's Conference will be in Mankato this year! We look forward inspiring talks, Mass with Bishop Barron and an opportunity to grow deeper in your faith!

Our keynote speaker, Keith Nester, is a former Protestant Pastor and Catholic Convert. He is a Catholic speaker, author of the popular books *The Convert's Guide to Roman Catholicism: Your First Year in the Church* and *Unpacking the Mysteries of the Rosary*. Keith also has a popular YouTube channel, podcast, and leads an online prayer group "The Rosary Crew" which has prayed the Rosary daily since March 18th 2020. The Rosary Crew spans the globe with more than 5000 people praying from nearly 80 countries. Through the ministry Down to Earth, Keith continues to use his preaching gifts to speak in Churches and events about faith, theology and his journey to Catholicism.

Men of the Diocese of Winona-Rochester, come and see what you can do to grow in faith and love! Come and see how you can become the man God created you to be! Register below!